

Reg No	Surname	First Name	Individual/ Team/Vet	M/F	Start Time	Swim Time	Cycle Time	Run Time	Finish Time	Total Time	Overall Time (swim + cycle + bike)	
Tri before you buy	Haysom	Phil	Team	M	00:04:57		00:33:36	00:00:00				
	Lim	Tom	Team	M	00:04:57			00:24:28	01:11:15	01:06:18	01:04:59	Team Winner
	Finch	Paul	Team	M	00:04:57	00:06:55		00:00:00				
Operation Domination	Embleton	Charlotte	Team	F	00:03:55	00:07:15		00:00:00				
	Roskams	Matthew	Team	M	00:03:55		00:35:32	00:00:00				
	Woolf	Benjamin	Team	M	00:03:55			00:23:42	01:11:46	01:07:51	01:06:29	
Johnoo	Johnson	Leanne	Team	F	00:04:27	00:09:43		00:00:00				
	Johnson	Dean	Team	M	00:04:27		00:32:00	00:00:00				
	Johnson	Emma	Team	F	00:04:27			00:29:49	01:17:29	01:13:02	01:11:32	
Urban Medical	Skelton	Marque	Team	M	00:07:30	00:10:31		00:00:00				
	Hackett	Paul	Team	M	00:07:30			00:31:38	01:56:16	01:48:46	01:36:01	
	Shulton	Rod	Team	M	00:07:30		00:53:52	00:00:00				
Koeksisters	Caylon- Boxall	Laura	Team	F	00:05:30	00:08:54		00:00:00				
	O'Neil	Lindie	Team	F	00:05:30		01:15:10	00:00:00				
	Bayley	Theresa	Team	F	00:05:30			00:30:55	02:02:28	01:56:58	01:54:59	
147	Garrard	Sharon	Individual	F	01:14:00	00:07:11	00:38:09	00:24:00	02:26:47	01:12:47	01:09:20	Individual Female Winner
103	Kemp	Sarah	Individual	F	00:50:30	00:09:02	00:40:39	00:25:15	02:05:26	01:14:56	01:14:56	
117	McNeil	Karen	Individual	F	00:58:30	00:07:37	00:38:23	00:30:31	02:17:56	01:19:26	01:16:31	
127	Balaam	Toni	Individual	F	01:03:30	00:07:03	00:40:13	00:29:24	02:23:07	01:19:37	01:16:40	
165	Foster	Michelle	Individual	F	01:02:00	00:06:14	00:41:20	00:27:40	02:21:50	01:19:50	01:15:14	
160	Parkinson	Charlotte	Individual	F	01:13:00	00:11:18	00:39:09	00:31:57	02:33:38	01:20:38	01:22:24	
29	Newman	Heather	Individual	F	00:12:00	00:11:04	00:39:37	00:28:42	01:33:36	01:21:36	01:19:23	
93	Haines	Lisa	Individual	F	00:45:30	00:08:53	00:37:30	00:31:37	02:07:20	01:21:50	01:18:00	
100	Sharp	Isla	Individual	F	00:49:15	00:08:58	00:39:15	00:30:13	02:11:40	01:22:25	01:18:26	
84	Rosewarne	Paula	Individual	F	00:41:30	00:08:47	00:39:41	00:28:16	02:05:10	01:23:40	01:16:44	

48	Riley	Alison	Individual	F	00:21:45	00:09:50	00:42:57	00:26:34	01:45:45	01:24:00	01:19:21
76	Steel	Olivia	Individual	F	00:37:30	00:08:49	00:41:01	00:29:13	02:01:44	01:24:14	01:19:03
157	Langmead	Victoria	Individual	F	01:18:30	00:06:42	00:42:16	00:28:43	02:43:44	01:25:14	01:17:41
42	Hackett	Alys	Individual	F	00:19:00	00:10:11	00:41:52	00:30:57	01:44:32	01:25:32	01:23:00
34	Formosa	Sarah	Individual	F	00:15:00	00:09:20	00:44:33	00:29:41	01:42:08	01:27:08	01:23:34
59	Ashton	Laura	Individual	F	00:27:45	00:09:14	00:39:00	00:34:36	01:56:08	01:28:23	01:22:50
142	Spencer	Anna	Individual	F	01:11:00	00:07:21	00:46:11	00:35:53	02:40:25	01:29:25	01:29:25
170	Edmondson	Beverley	Individual	F	01:23:30	00:09:46	00:42:34	00:34:44	02:54:59	01:31:29	01:27:04
30	Packer	Emma	Individual	F	00:13:00	00:11:34	00:40:21	00:34:30	01:45:02	01:32:02	01:26:25
126	Thorley	Claire	Individual	F	01:03:00	00:08:09	00:42:59	00:36:40	02:36:05	01:33:05	01:27:48
50	Hall	Jo-Anne	Individual	F	00:23:15	00:11:27	00:46:12	00:30:30	01:57:30	01:34:15	01:28:09
115	Hallett	Kerry	Individual	F	00:57:30	00:08:18	00:45:26	00:35:40	02:32:25	01:34:55	01:29:24
95	Farmer	Natalie	Individual	F	00:46:45	00:08:34	00:46:40	00:37:04	02:21:59	01:35:14	01:32:18
27	Pickett	Mary	Individual	F	00:11:30	00:11:14	00:42:22	00:35:09	01:47:29	01:35:59	01:28:45
52	Sharples	Lora	Individual	F	00:24:15	00:12:27	00:44:31	00:34:57	02:01:18	01:37:03	01:31:55
56	Banerjee	Tyara	Individual	F	00:26:15	00:11:52	00:47:37	00:35:59	02:05:26	01:39:11	01:35:28
55	Banerjee	Tamara	Individual	F	00:25:45	00:11:39	00:47:48	00:37:03	02:05:26	01:39:41	01:36:30
94	Cooper	Zoe	Individual	F	00:46:00	00:10:05	00:45:59	00:43:01	02:31:15	01:45:15	01:39:05

163	Brooks	Mark	Individual	M	01:20:30	00:05:50	00:28:54	00:20:20	02:17:05	00:56:35	00:55:04	Individual Male Winner
168	Hawkings	Peter	Individual	M	01:22:30	00:05:12	00:32:02	00:20:09	02:21:15	00:58:45	00:57:23	
164	Petit	Samuel	Individual	M	01:21:00	00:05:54	00:31:50	00:20:10	02:21:05	01:00:05	00:57:54	
87	Eve	Paul	Individual	M	00:43:00	00:09:03	00:33:51	00:14:12	01:43:08	01:00:08	00:57:06	
151	Mancer	Jez	Individual	M	01:16:00	00:07:46	00:30:15	00:20:03	02:16:17	01:00:17	00:58:04	
131	Howard	Justin	Individual	M	01:05:30	00:07:35	00:31:09	00:21:12	02:07:07	01:01:37	00:59:56	
166	Southgate	Mark	Individual	M	01:21:30	00:05:48	00:30:22	00:23:23	02:23:08	01:01:38	00:59:33	
149	Taylor	Paul	Individual	M	01:15:00	00:06:55	00:31:11	00:24:26	02:19:15	01:04:15	01:02:32	
153	Marriage	Benji	Individual	M	01:17:00	00:06:48	00:32:54	00:22:46	02:21:21	01:04:21	01:02:28	
156	Miller	Marc	Individual	M	01:18:00	00:06:46	00:33:02	00:22:32	02:22:23	01:04:23	01:02:20	
146	Hunt	Andrew	Individual	M	01:13:30	00:06:27	00:31:33	00:23:53	02:18:27	01:04:57	01:01:53	
70	Ovel	Dean	Individual	M	00:34:15	00:09:25	00:31:39	00:22:58	01:41:50	01:07:35	01:04:02	

134	Swainsbury	Chris	Individual	M	01:07:00	00:06:34	00:32:16	00:26:28	02:14:46	01:07:46	01:05:18
141	Marek	Rob	Individual	M	01:10:30	00:06:28	00:34:14	00:24:43	02:18:48	01:08:18	01:05:25
113	Dando	Toby	Individual	M	00:56:30	00:07:01	00:34:01	00:24:16	02:05:01	01:08:31	01:05:18
130	Gribbon	Paul	Individual	M	01:05:00	00:07:33	00:33:19	00:24:48	02:13:50	01:08:50	01:05:40
123	Moor	Dominic	Individual	M	01:01:30	00:08:31	00:31:30	00:26:23	02:10:58	01:09:28	01:06:24
98	Richer	Joe	Individual	M	00:48:15	00:09:03	00:32:05	00:25:40	01:57:56	01:09:41	01:06:48
143	Stephens	Christopher	Individual	M	01:11:30	00:07:06	00:35:34	00:24:21	02:22:18	01:10:48	01:07:01
119	Middleton	Howard	Individual	M	00:59:30	00:07:15	00:34:43	00:23:33	02:10:30	01:11:00	01:05:31
167	Wiley	Martyn	Individual	M	01:22:00	00:05:37	00:34:03	00:27:10	02:33:01	01:11:01	01:06:50
90	Trowbridge	Andrew	Individual	M	00:44:30	00:07:44	00:34:41	00:26:36	01:55:58	01:11:28	01:09:01
92	Lesley	Michael	Individual	M	00:45:00	00:10:20	00:34:14	00:24:35	01:56:48	01:11:48	01:09:09
66	Evans	Neil	Individual	M	00:31:30	00:09:46	00:32:08	00:27:43	01:43:51	01:12:21	01:09:37
108	Courtier	Michael	Individual	M	00:53:00	00:07:59	00:36:06	00:25:00	02:05:30	01:12:30	01:09:05
82	Smith	Daniel	Individual	M	00:40:30	00:08:46	00:32:26	00:27:30	01:53:16	01:12:46	01:08:42
72	Jones	Michael	Individual	M	00:35:15	00:07:55	00:33:39	00:28:06	01:48:03	01:12:48	01:09:40
162	Boyes	Sean	Individual	M	01:20:00	00:06:26	00:39:47	00:23:38	02:32:55	01:12:55	01:09:51
86	Snow	Jake	Individual	M	00:42:30	00:08:44	00:35:15	00:26:02	01:55:54	01:13:24	01:10:01
69	Grout	Mike	Individual	M	00:33:15	00:08:24	00:35:19	00:24:43	01:47:06	01:13:51	01:08:26
161	Ashton	David	Individual	M	01:19:30	00:04:48	00:37:19	00:27:20	02:33:26	01:13:56	01:09:27
33	Bell	Henry	Individual	M	00:14:30	00:09:02	00:37:57	00:23:46	01:28:36	01:14:06	01:10:45
64	Clark	Steven	Individual	M	00:30:00	00:08:45	00:36:40	00:24:46	01:44:13	01:14:13	01:10:11
99	Brand	Daniel	Individual	M	00:48:45	00:06:39	00:35:50	00:29:08	02:02:59	01:14:14	01:11:37
122	Kanekiyo	Atsuo	Individual	M	01:01:00	00:09:38	00:37:24	00:24:25	02:15:53	01:14:53	01:11:27
97	Ayres	Tony	Individual	M	00:47:45	00:07:20	00:36:41	00:27:39	02:02:59	01:15:14	01:11:40
78	Wood	Adam	Individual	M	00:38:30	00:09:38	00:37:19	00:25:39	01:54:07	01:15:37	01:12:36
140	Denham	Mark	Individual	M	01:10:00	00:06:55	00:35:53	00:29:57	02:25:44	01:15:44	01:12:45
57	Grant	Daniel	Individual	M	00:26:45	00:11:16	00:51:18	00:08:49	01:43:08	01:16:23	01:11:23
173	Hardes	Greg	Individual	M	01:25:00	00:09:23	00:37:15	00:25:56	02:41:26	01:16:26	01:12:34
101	Rice	Mark	Individual	M	00:50:00	00:08:54	00:34:32	00:29:21	02:06:48	01:16:48	01:12:47
62	Carrick	Ian	Individual member	M	00:31:00	00:09:01	00:37:57	00:24:48	01:47:53	01:16:53	01:11:46
125	Pitts	Nicholas	Individual	M	01:02:30	00:06:34	00:42:25	00:25:11	02:19:25	01:16:55	01:14:10

46	Dale	Michael	Individual	M	00:21:15	00:09:57	00:36:25	00:25:43	01:39:32	01:18:17	01:12:05
31	Goldsack	Stu	Individual	M	00:13:30	00:09:56	00:37:30	00:28:07	01:31:59	01:18:29	01:15:33
135	Saville	Mark	Individual	M	01:07:30	00:07:17	00:39:39	00:28:06	02:26:21	01:18:51	01:15:02
49	Thwaites	Ed	Individual	M	00:22:45	00:09:56	00:36:03	00:28:41	01:41:47	01:19:02	01:14:40
77	Phillips	David	Individual	M	00:38:00	00:12:40	00:32:39	00:25:47	01:57:04	01:19:04	01:11:06
71	Sheldon	Phil	Individual	M	00:34:45	00:11:30	00:37:28	00:34:05	01:54:07	01:19:22	01:23:03
105	Thompson	Daniel	Individual	M	00:51:30	00:08:51	00:37:31	00:29:33	02:11:14	01:19:44	01:15:55
65	Markwell	Nick	Individual	M	00:30:30	00:08:33	00:39:36	00:24:48	01:50:30	01:20:00	01:12:57
171	Irving	Darren	Individual	M	01:24:00	00:09:34	00:39:21	00:28:13	02:44:05	01:20:05	01:17:08
35	McCarthy	Jason	Individual	M	00:15:30	00:09:17	00:42:01	00:27:39	01:37:49	01:22:19	01:18:57
120	Pratt	Andrew	Individual	M	01:00:00	00:08:03	00:39:14	00:28:35	02:22:28	01:22:28	01:15:52
81	Dennis	Tony	Individual	M	00:40:00	00:11:06	00:34:07	00:32:25	02:03:18	01:23:18	01:17:38
112	Potter	Ian	Individual	M	00:56:00	00:08:05	00:39:01	00:32:33	02:19:25	01:23:25	01:19:39
83	Piper	Adam	Individual	M	00:41:00	00:09:44	00:39:39	00:28:16	02:05:10	01:24:10	01:17:39
18	Thwaites	Scott	Individual	M	00:07:00	00:10:14	00:43:48	00:24:47	01:31:14	01:24:14	01:18:49
159	Shepherd	Dean	Individual	M	01:19:00	00:09:47	00:42:09	00:28:41	02:43:44	01:24:44	01:20:37
176	Westley	Glen	Individual	M	01:26:30	00:10:05	00:41:01	00:27:37	02:51:56	01:25:26	01:18:43
23	Kiely	Michael	Individual	M	00:09:30	00:09:13	00:42:29	00:27:41	01:35:06	01:25:36	01:19:23
80	Kahl	Matthew	Individual	M	00:39:30	00:10:15	00:43:41	00:28:00	02:05:45	01:26:15	01:21:56
79	Courtier	Henry	Individual	M	00:39:00	00:08:29	00:44:26	00:30:22	02:05:50	01:26:50	01:23:17
47	Balich	Mark	Individual	M	00:22:15	00:09:15	00:44:18	00:29:01	01:50:50	01:28:35	01:22:34
175	Armour	Simon	Individual	M	01:26:00	00:10:21	00:45:29	00:31:11	02:56:16	01:30:16	01:27:01
174	Thwaites	Robert	Individual	M	01:25:30	00:09:01	00:45:28	00:31:13	02:56:16	01:30:46	01:25:42
67	Lewars	Jack	Individual	M	00:32:00	00:07:42	00:47:32	00:30:43	02:03:40	01:31:40	01:25:57
41	Newman Spencer-	Mark	Individual	M	00:18:30	00:08:56	00:40:07	00:35:19	01:51:07	01:32:37	01:24:22
145	Greenway	Joshua	Individual	M	01:12:30	00:07:19	00:42:16	00:39:40	02:45:25	01:32:55	01:29:15
25	Smith	Jeremy	Individual	M	00:10:30	00:10:28	00:47:40	00:28:53	01:44:07	01:33:37	01:27:01
96	Cole	Will	Individual	M	00:47:15	00:08:16	00:40:35	00:39:18	02:20:57	01:33:42	01:28:09
54	Dear	Peter	Individual	M	00:25:15	00:17:40	00:43:06	00:30:55	02:00:50	01:35:35	01:31:41
28	Higham	Sam	Individual	M	00:12:30	00:12:14	00:44:36	00:33:16	01:48:16	01:35:46	01:30:06
51	Ward	Darren	Individual	M	00:23:45	00:11:42	00:43:32	00:39:52	02:04:58	01:41:13	01:35:06

17	Rylands	Grant	Individual	M	00:06:30	00:10:52	00:55:53	00:34:18	01:53:07	01:46:37	01:41:03	
85	Miller	Sarah	Vet	F	00:42:00	00:09:25	00:36:20	00:25:41	01:56:30	01:14:30	01:11:26	Female Veteran Winner
104	Harvey	Jan	Vet	F	00:51:00	00:08:57	00:36:57	00:26:35	02:08:15	01:17:15	01:12:29	
102	Deer	Samantha	Vet	F	00:51:00	##### ##	##### ##	02:10:36	02:10:36	01:19:36	#####	
73	Custis	Kate	Vet	F	00:36:30	00:10:38	00:40:57	00:27:58	01:59:21	01:22:51	01:19:33	
74	Archer	Hilary	Vet	F	00:36:00	00:09:59	00:40:49	00:27:58	01:59:21	01:23:21	01:18:46	
21	Patman	Gail	Vet	F	00:08:30	00:11:06	00:39:27	00:29:09	01:33:06	01:24:36	01:19:42	
60	Sharp	Sally	Vet	F	00:28:15	00:11:18	00:38:46	00:31:42	01:53:56	01:25:41	01:21:46	
26	Pinkney	Moira	Vet	F	00:11:00	00:12:14	00:41:27	00:29:36	01:38:12	01:27:12	01:23:17	
169	Horsfall	Francoise	Vet	F	01:23:00	00:10:12	00:43:45	00:29:07	02:50:24	01:27:24	01:23:04	
75	Cole	Adele	Vet	F	00:37:00	00:10:14	00:43:52	00:29:27	02:04:29	01:27:29	01:23:33	
24	Snellgrove	Kirste	Vet	F	00:10:00	00:11:09	00:42:23	00:30:51	01:38:07	01:28:07	01:24:23	
152	George	Ian	Vet	M	01:16:30	00:06:31	00:30:23	00:20:23	02:15:29	00:58:59	00:57:17	Male Veteran Winner
137	Rolfe	Michael	Vet	M	01:08:30	00:07:57	00:28:28	00:21:02	02:07:48	00:59:18	00:57:27	
154	Shaddock	Graham	Vet	M	01:17:30	00:06:04	00:29:36	00:21:54	02:16:55	00:59:25	00:57:34	
132	Baynes	Charles	Vet	M	01:06:00	00:07:40	00:31:32	00:20:20	02:08:15	01:02:15	00:59:32	
129	Fuller	Richard	Vet	M	01:04:30	00:07:35	00:31:45	00:21:04	02:07:03	01:02:33	01:00:24	
133	Clark	Alan	Vet	M	01:06:30	00:07:15	00:31:38	00:21:44	02:10:12	01:03:42	01:00:37	
139	Horsley	Paul	Vet	M	01:09:30	00:07:31	00:31:38	00:22:50	02:13:58	01:04:28	01:01:59	
106	Milne	Chris	Vet Individu	M	00:52:00	00:08:43	00:31:30	00:23:52	01:57:58	01:05:58	01:04:05	
118	Burns	Robert	Vet	M	00:59:00	00:06:51	00:33:34	00:22:28	02:05:53	01:06:53	01:02:53	
110	Payne	Stuart	Vet	M	00:54:00	00:07:50	00:33:42	00:23:55	02:01:33	01:07:33	01:05:27	
88	Baxter	Jez	Vet	M	00:43:30	00:09:19	00:33:59	00:23:16	01:52:30	01:09:00	01:06:34	
114	Reddish	Morgan	Vet	M	00:57:00	00:07:18	00:34:00	00:24:52	02:06:42	01:09:42	01:06:10	
148	De Boltz	Duncan	Vet	M	01:14:30	00:06:56	00:35:45	00:24:55	02:24:25	01:09:55	01:07:36	
63	Argent	Gary	Vet	M	00:29:15	00:09:36	00:34:20	00:24:25	01:40:22	01:11:07	01:08:21	
138	Berwick	George	Vet	M	01:09:00	00:07:23	00:34:53	00:25:05	02:20:31	01:11:31	01:07:21	
172	McFadyen	Paul	Vet	M	01:24:30	00:06:26	00:37:04	00:24:49	02:36:13	01:11:43	01:08:19	
144	Hartley	David	Vet	M	01:12:00	00:06:54	00:33:35	00:27:42	02:23:59	01:11:59	01:08:11	

107	Hunter Daines-	Clive	Vet	M	00:52:30	00:07:13	00:34:03	00:29:15	02:06:08	01:13:38	01:10:31
128	Smith	Malcolm	Vet	M	01:04:00	00:08:00	00:34:30	00:28:00	02:17:40	01:13:40	01:10:30
150	Ambridge	Rob	Vet	M	01:15:30	00:06:55	00:36:48	00:26:49	02:29:23	01:13:53	01:10:32
111	Livett	Richard	Vet	M	00:55:00	00:08:02	00:35:02	00:27:29	02:09:56	01:14:56	01:10:33
58	Bullock	Chris	Vet	M	00:27:15	00:09:17	00:34:13	00:26:47	01:42:28	01:15:13	01:10:17
44	Bartram	Ian	Vet	M	00:20:15	00:13:23	00:33:41	00:23:50	01:36:08	01:15:53	01:10:54
121	Pascoe	Graham	Vet	M	01:00:30	00:09:11	00:37:56	00:26:34	02:18:50	01:18:20	01:13:41
116	Carroll	Ian	Vet	M	00:58:00	00:07:44	00:38:09	00:26:53	02:17:18	01:19:18	01:12:46
61	Fielding	Mike	Vet	M	00:28:45	00:08:33	00:37:28	00:29:44	01:48:26	01:19:41	01:15:45
109	Jordan	Mike	Vet Individu	M	00:53:30	00:08:26	00:36:55	00:30:01	02:13:45	01:20:15	01:15:22
53	Milton	Paul	Vet	M	00:24:45	00:11:30	00:37:07	00:28:52	01:48:03	01:23:18	01:17:29
68	MacGregor	Tim	Vet	M	00:32:35	00:09:39	00:41:37	00:29:12	01:56:45	01:24:10	01:20:28
22	Bonard	Christopher	Vet	M	00:09:00	00:12:52	00:38:31	00:29:33	01:34:37	01:25:37	01:20:56
40	Gosling	Steve	Vet	M	00:18:00	00:14:26	00:38:33	00:27:15	01:45:08	01:27:08	01:20:14
45	Ewin	Brian	Vet	M	00:20:45	00:13:43	00:48:29	00:20:21	01:48:11	01:27:26	01:22:33
89	Taylor	Nicholas	Vet	M	00:44:00	00:11:13	00:38:43	00:34:54	02:12:33	01:28:33	01:24:50
136	Green	Paul	Vet	M	01:08:00	00:10:14	00:38:29	00:37:15	02:37:48	01:29:48	01:25:58
32	Wilcock	Jonathan	Vet	M	00:14:00	00:10:30	00:44:37	00:33:56	01:47:35	01:33:35	01:29:03
37	McKay	Patrick	Vet	M	00:16:30	00:15:20	00:43:28	00:31:05	01:51:39	01:35:09	01:29:53
38	Adams	John	Vet	M	00:17:15	00:13:11	00:39:19	00:30:22	01:52:50	01:35:35	01:22:52
43	Jordan	Ian	Vet	M	00:19:45	00:11:37	00:38:06	00:41:16	01:55:45	01:36:00	01:30:59
36	Lewars	Dr Mark	Vet	M	00:16:00	00:14:56	00:41:35	00:34:17	01:52:09	01:36:09	01:30:48
16	Flanagan	Jack	Vet	M	00:06:00	00:16:59	00:49:39	00:34:28	01:52:09	01:46:09	01:41:06
20	McTomney	John	Vet	M	00:08:00	00:10:13	00:49:51	00:36:57	01:55:02	01:47:02	01:37:01
